

HEIGHTWORKS TRAINING

- Duration:** 6 Days.
- Audience:** All personnel who wish to operate within the rope access industry in the UK and worldwide.
- Course Aim:** To provide knowledge and training in the safe use and inspection of rope access equipment. To be able to complete a range of rope access techniques under the supervision of an IRATA level 3 supervisor.
- Syllabus:** Theoretical knowledge of rope access with regard to safe use of equipment and techniques. This will include an understanding of risk assessments and method statements. An understanding and practical application of rigging techniques and appropriate knots. Safely carrying out a range of rope access manoeuvres. Climbing on structures using work positioning and fall arrest techniques. Rescue of an incapacitated rope access worker to ground level.
- Prerequisites:** Good level of health, fitness and aptitude. Minimum of 18 years of age. Medical questionnaire.
- Max. Ratio:** 6 Delegates to 1 instructor.
- Certification Expiry:** The certificate is valid for 3 years, if no rope access hours are completed within the first 6 months refresher training must be completed.

Throughout the course, the student will be continually assessed and expected to complete a written and practical examination.

The course is independently assessed on day 6, successful candidates will receive a certificate, logbook and id card.

This course is designed and delivered using BS8454 (code of practice for the delivery of training and education for work at height and rescue), IRATA international code of practice and equipment manufacturers technical instructions.

