

HEIGHTWORKS TRAINING

- Duration:** 6 Days.
- Audience:** For experienced level 2 technicians wishing to progress within the IRATA scheme.
- Course Aim:** Level 3 rope access training will enable you to be capable of site supervision for rope access work projects. To demonstrate advanced rescue and rigging techniques along with thorough knowledge of relevant legislation, work site organisation and equipment use and limitations.
- Syllabus:**
Theoretical knowledge of rope access with regard to safe use of equipment, legislation and techniques. This will include a sound knowledge of the IRATA code of practice, risk assessments, method statements and worksite organisation.
Theoretical knowledge and practical application of rigging techniques and appropriate. Safely and efficiently carrying out a range of rope access manoeuvres.
Climbing on structures using work positioning and fall arrest techniques.
A range of rescues including both abseil and hauling techniques.
Advanced rescue and team exercises.
- Prerequisites:**
Candidates should already have a sound knowledge of rope access theory and practical skills it is essential that all applicants have already studied the IRATA ICOP (available at www.irata.org), the equipment user instructions (www.petzl.com) and the Heightworks course manual (www.heightworks.com). Candidates should also be competent at IRATA level 2 practical activities before course commencement.
12 months and 1000 logged hours as an IRATA level 2 rope technician
Good level of health, fitness and aptitude.
Minimum of 18 years of age.
Medical questionnaire.
- Max. Ratio:** 6 Delegates to 1 instructor.
- Certification Expiry:** The certificate is valid for 3 years, if no rope access hours are completed within the first 6 months refresher training must be completed.

Throughout the course, the student will be continually assessed and expected to complete a written and practical examination.

The course is independently assessed on day 6, successful candidates will receive a certificate, logbook and id card.

This course is designed and delivered using BS8454 (code of practice for the delivery of training and education for work at height and rescue), IRATA international code of practice and equipment manufacturers technical instructions.

